

30-Day SAT Cram Plan

Introduction

If you're short on time but want to maximize your SAT score, this **30-day intensive study plan** will help you focus on high-impact areas and test-taking strategies. Follow this schedule diligently to improve your performance in a short time frame.

Week 1: Diagnostic & Core Concepts

- ✓ **Day 1:** Take a **full-length diagnostic test** to assess strengths & weaknesses.
 - ✓ **Day 2-4:** Focus on **Math Fundamentals** – Algebra, Linear Equations, Word Problems.
 - ✓ **Day 5-7:** Master **Reading Strategies** – Identifying Main Ideas, Inference, and Vocab-in-Context.
 - ✓ **Daily Practice:** Complete at least **20-30 practice questions** per day.
 - ✓ **Review Mistakes:** Create an **error log** to track and analyse weak areas.
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Week 2: Reinforcing Strategies & Time Management

- ✓ **Day 8-10:** Work on **Advanced Math Topics** – Functions, Geometry, and Data Analysis.
 - ✓ **Day 11-13:** Improve **Grammar & Writing Skills** – Sentence Structure, Punctuation, Parallelism.
 - ✓ **Day 14:** Take a **timed practice test** focusing on pacing and time management.
 - ✓ **Daily Practice:** **45-minute timed drills** to simulate real test conditions.
 - ✓ **Strategy Focus:** Learn shortcuts for **eliminating wrong answer choices** quickly.
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Week 3: Full-Length Practice & Weakness Elimination

- ✓ **Day 15-17:** Take another **full-length practice test** and analyse errors.
 - ✓ **Day 18-20:** Work on **high-impact topics** – Evidence-Based Questions, Data Interpretation, and Quadratics.
 - ✓ **Day 21:** Improve your **guessing strategy** – Learn when to skip vs. attempt questions.
 - ✓ **Daily Practice:** Mix of untimed & timed drills to build **accuracy & speed**.
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Week 4: Final Review & Test-Day Readiness

- ✅ **Day 22-24:** Take another **full-length SAT practice test** under real conditions.
 - ✅ **Day 25-27:** Focus on **last-minute review** of formulas, key grammar rules, and reading techniques.
 - ✅ **Day 28:** Take a **final mini practice test** (half-length) to boost confidence.
 - ✅ **Day 29:** Prepare a **test-day checklist**, get proper sleep, and reduce stress.
 - ✅ **Day 30 (Test Day!):** Stay calm, manage your time well, and apply what you've practiced!
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Final Tips for Success

- **Stick to your schedule** – even 1 hour of focused study per day can make a big difference.
 - **Limit distractions** – study in a quiet, dedicated space.
 - **Stay consistent** – focus on weak areas but don't neglect your strengths.
 - **Trust your preparation** – confidence plays a huge role in performance.
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About IvyStrides

IvyStrides is dedicated to helping students achieve their highest potential on the SAT. Our expert instructors, proven strategies, and personalized study plans ensure that students gain confidence and excel in their exams. Enroll in our SAT prep programs today and take the first step toward your dream college!

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Have questions?

Write to us at hello@ivystrides.com and our expert counsellors will guide you through.

Stay Focused & Keep Practicing! 🚀

IvyStrides Team

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